THIS IS TO CERTIFY THAT

DAN MASON

HAS BEEN AWARDED

Focus Awards Level 2 Certificate in
Planning and Delivering Gym Based Exercise (RQF)

This achievement included the successful completion of the units detailed on the Unit Summary

QRN:	603/5231/0
Centre Name:	PT ACADEMY
Date Awarded:	21/09/23
Candidate Number:	17412
Certificate Number:	RQF66208

Chief Executive
Focus Awards

Chair
Focus Awards

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

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Rewarding Learning

UNIT SUMMARY

DAN MASON

Has achieved the following units for the

Focus Awards Level 2 Certificate in
Planning and Delivering Gym Based Exercise (RQF)

UNITS ACHIEVED

		Level	Credits
Y/617/8588	Principles Of Health And Wellbeing For Exercise, Fitness And Health	2	4
D/617/8589	Anatomy Physiology And Kinesiology For Exercise And Health	2	6
Y/617/8591	Principles Of Professional Practice And Health And Safety In A Fitness Environment	2	2
D/617/8592	Planning Professional Practice With Effective Consultations And Assessments For Gym-based Exercise Sessions	2	4
H/617/8593	Instructing Professional Practice And Effective Exercise Supervision In Gym-based Exercise Sessions	2	6
R/617/8590	Know How To Support Clients Lifestyle Management And Enhance Client Motivation For Exercise And Physical Activity	2	2

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